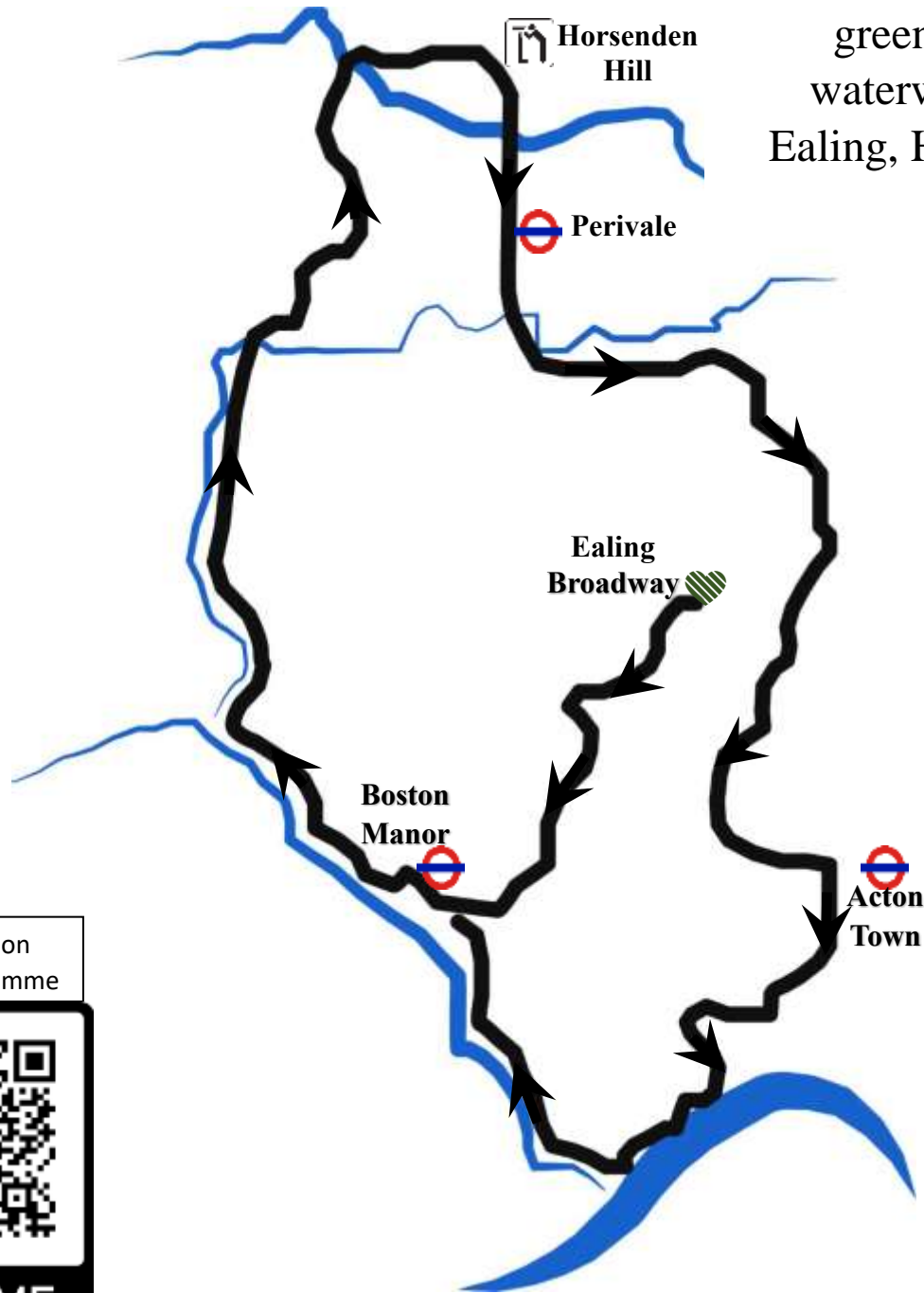


The Round Ealing Circuit (TREC)

Saturday 19th & Sunday 20th October 2019

Discovering the parks,
green spaces and
waterways around
Ealing, Hanwell and
Perivale.



West London
Walks Programme



SCAN ME

A new route developed by West London Ramblers

**Total Distance: 20 miles. To be walked in two days of 10 miles each
or 4 sections of approx. 5 miles**

<https://www.westlondonramblers.org.uk/walks/walks-programme.html>

The Round Ealing Circuit (TREC)

Section 1: Saturday, 19th October 2019 Start time: 10:30 am at Ealing Broadway Station to Brent Lodge Park Approx. 4.7 miles

Walk through five of Ealing's lovely parks (Walpole, Lammas, Blondin, Elthorne and Brent Lodge) and along stretches of the Grand Union Canal and River Brent. Lunch at Brent Lodge Park (café or picnic). Option of returning via Hanwell station for trains or local buses or continuing on TREC 2 after lunch.

Section 2: Saturday, 19th October 2019 Start time: 1 pm at Hanwell Station (for Brent Lodge Park) to Perivale Station Approx. 5 miles

A short link from Hanwell Station to Brent Lodge Park to join the people from the morning walk (TREC1). We then follow the River Brent to Greenford Bridge and north through Perivale Park to Greenford. The walk continues via Paradise Fields and the Grand Union Canal towpath to the top of Horsenden Hill, at 85 metres the highest point in the borough, and affording great views. We will have a short refreshment stop so please bring a drink and snack. Finally, we descend to finish at Perivale station (Central Line) or bus to Ealing Broadway.

Section 3: Sunday, 20th October 2019 Start time: 10:30am at Perivale Station to Gunnersbury Park (Acton Town Station) Approx. 5.8 miles

The walk passes the beautiful 12th century St Mary's Church to enter Pitshanger Park and then through Brentham Garden Estate, Brunswick Park Open Space, Fox Wood and Hanger Hill Park to Ealing Common. From there we go through Warwick Dene and quiet suburban streets to Gunnersbury Park with its recently restored mansion and landscaped grounds. Lunch (café or picnic) and the opportunity to visit the fascinating museum (free) before either returning via Acton Town station (Piccadilly Line) or continuing on the afternoon walk TREC 4.

Section 4: Sunday, 20th October 2019 Start time: 1:30pm at Acton Town Station (for Gunnersbury Park) to Boston Manor Station Approx 4.7 miles

A short walk from Acton Town station to Gunnersbury Park to join the people who did the morning walk (TREC 3). The walk then passes the recently restored Georgian mansion and through the landscaped park to exit by the southern gate. We then head down to the Thames Path via Carville Hall Park South to walk through old Brentford, along the Grand Union Canal to Boston Manor Park to finish Day 2 at Boston Manor station. (Piccadilly Line).